

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH

Tuesday 11:00am

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Monday 10:00am
Tuesday 10:00am, 3:00pm
Saturday 9:00am, 10:15am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Monday 9:00am, 3:30pm, 4:30pm, 5:00pm, 5:45pm
Tuesday 10:00am, 2:00pm, 4:00pm, 6:00pm
Wednesday 10:00am, 4:15pm, 5:15pm
Thursday 11:00am, 3:30pm, 4:30pm, 5:45pm
Friday 5:45pm
Saturday 9:15am, 9:30am, 10:00am, 11:00am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 4:30pm, 5:30pm
Tuesday 3:15pm, 4:00pm
Wednesday 4:30pm, 5:45pm
Thursday 3:30pm, 5:45pm
Saturday 10:30am, 11:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$120/MONTH

Monday 4:30pm
Tuesday 5:15pm
Wednesday 11:00am
Thursday 10:00am, 3:15pm
Saturday 10:00am, 10:30am, 11:30am

AGES 5-6

GYMWARRIOR

60 MIN \$150/MONTH

Monday 4:00pm, 5:30pm
Wednesday 5:00pm
Thursday 3:30pm
Friday 4:30pm

AGES 6+

BEGINNING

60 MIN \$150/MONTH

Monday 5:30pm
Tuesday 6:15pm
Wednesday 3:30pm
Thursday 4:30pm
Friday 3:30pm, 4:00pm
Saturday 9:00am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 3:15pm, 4:30pm, 5:45pm, 6:45pm
Tuesday 3:15pm, 5:00pm, 5:45pm
Wednesday 3:30pm, 4:30pm, 5:45pm, 6:45pm
Thursday 6:00pm
Friday 4:45pm
Saturday 9:00am, 11:00am

LEVEL 2 90 MIN \$208/MONTH

Tuesday 4:15pm, 6:00pm
Wednesday 4:00pm, 4:30pm
Thursday 3:00pm, 4:00pm
Friday 6:00pm
Saturday 10:30am

LEVEL 3 120 MIN \$260/MONTH

Wednesday 5:30pm
Friday 4:00pm

LEVEL 4 120 MIN \$260/MONTH

Coming Soon!

VERY INCLUSIVE PROGRAM

Saturday 12:30pm

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Monday 6:15pm
Tuesday 6:15pm
Thursday 4:30pm

INTERMEDIATE

60 MIN \$150/MONTH

Tuesday 4:15pm, 6:15pm
Wednesday 4:30pm
Friday 5:30pm

ADVANCED

90 MIN \$208/MONTH

Wednesday 5:30pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350
MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH
ENROLLED IN CLASSES \$42/ CHILD OR \$79/ FAMILY

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Tuesday & Thursday 4:30pm-6:00pm

PRE-TEAM STARS

Monday & Wednesday 5:30pm-8:00pm

XCEL TEAM GOLD/ PLATINUM

Monday & Wednesday 5:30pm-8:00pm,
Thursday 5:30pm-7:30pm

XCEL TEAM SILVER

Monday & Wednesday 5:30pm-8:00pm,
Friday 5:30pm-7:30pm

XCEL TEAM BRONZE

Monday & Wednesday 5:30pm-8:00pm

DEMO TEAMS

Wednesday 3:30pm

PARKOUR TEAM

Friday 6:30pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH

Thursday 6:30pm

INTERMEDIATE/ ADVANCED

Tuesday 6:00pm
Thursday 6:00pm

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



\$65 ANNUAL FEE

Tuition includes one class/ week
billed one month in advance.

NO REFUNDS OR MAKE UPS.



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