

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH

Tuesday 11:00am

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Monday 10:00am
Tuesday 10:00am, 3:00pm
Saturday 9:00am, 10:15am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Monday 9:00am, 3:30pm, 4:30pm, 5:00pm, 5:45pm
Tuesday 10:00am, 2:00pm, 4:00pm, 6:00pm
Wednesday 10:00am, 4:15pm, 5:15pm
Thursday 11:00am, 3:30pm, 4:30pm, 5:45pm
Friday 5:45pm
Saturday 9:15am, 9:30am, 10:00am, 11:00am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 3:15pm, 4:30pm, 5:45pm, 6:45pm
Tuesday 3:15pm, 5:00pm, 5:45pm
Wednesday 3:30pm, 4:30pm, 5:45pm, 6:45pm
Thursday 6:00pm
Friday 4:45pm
Saturday 9:00am, 11:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$120/MONTH

Monday 4:30pm
Tuesday 5:15pm
Wednesday 11:00am
Thursday 10:00am, 3:15pm
Saturday 10:00am, 10:30am, 11:30am

AGES 5-6

GYMWARRIOR

60 MIN \$150/MONTH

Monday 4:00pm, 5:30pm
Wednesday 5:00pm
Thursday 3:30pm
Friday 4:30pm

AGES 6+

BEGINNING

60 MIN \$150/MONTH

Monday 5:30pm
Tuesday 6:15pm
Wednesday 3:30pm
Thursday 4:30pm
Friday 3:30pm, 4:00pm
Saturday 9:00am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 3:15pm, 4:30pm, 5:45pm, 6:45pm
Tuesday 3:15pm, 5:00pm, 5:45pm
Wednesday 3:30pm, 4:30pm, 5:45pm, 6:45pm
Thursday 6:00pm
Friday 4:45pm
Saturday 9:00am, 11:00am

LEVEL 2 90 MIN \$208/MONTH

Tuesday 4:15pm, 6:00pm
Wednesday 4:00pm, 4:30pm
Thursday 3:00pm, 4:00pm
Friday 6:00pm
Saturday 10:30am

LEVEL 3 120 MIN \$260/MONTH

Wednesday 5:30pm
Friday 4:00pm

LEVEL 4 120 MIN \$260/MONTH

Coming Soon!

VERY INCLUSIVE PROGRAM

Saturday 12:30pm

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Monday 6:15pm
Tuesday 6:15pm
Thursday 4:30pm

INTERMEDIATE

60 MIN \$150/MONTH

Tuesday 4:15pm, 6:15pm
Wednesday 4:30pm
Friday 5:30pm

ADVANCED

90 MIN \$208/MONTH

Wednesday 5:30pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350
MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/ CHILD OR \$79/ FAMILY

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Tuesday & Thursday 4:30pm-6:00pm

PRE-TEAM STARS

Monday & Wednesday 5:30pm-8:00pm

XCEL TEAM GOLD/ PLATINUM

Monday & Wednesday 5:30-8:00pm
Friday 4:00pm-6:00pm

XCEL TEAM SILVER

Monday & Wednesday 5:30-8:00pm
Friday 4:00pm-6:00pm

XCEL TEAM BRONZE

Monday & Wednesday 5:30-8:00pm

DEMO TEAMS

Wednesday 5:45pm

PARKOUR TEAM

Friday 6:30pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH

Thursday 6:30pm

INTERMEDIATE/ ADVANCED

Tuesday 6:00pm
Thursday 6:00pm

ACTIVE LEARNING

JUMPSTART

Ask us for more info!

BEYOND AFTER SCHOOL PROGRAM

Ask us for more info!

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



\$65 ANNUAL FEE

Tuition includes one class/ week
billed one month in advance.

NO REFUNDS OR MAKE UPS.



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