

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH

Coming Soon!

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Wednesday 9:00am

Thursday 10:00am

Saturday 9:00am, 10:00am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Monday 11:00am, 3:00pm, 4:15pm, 5:00pm

Tuesday 4:45pm, 5:45pm

Wednesday 9:00am, 3:30pm, 4:00pm,

4:30pm, 5:00pm

Thursday 10:00am, 4:00pm, 5:15pm

Friday 10:00am, 3:00pm

Saturday 9:00am, 10:00am, 11:00am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 3:15pm, 4:00pm

Tuesday 5:45pm

Wednesday 3:00pm, 4:00pm, 5:30pm

Thursday 11:00am, 3:00pm, 4:30pm, 5:15pm

Saturday 10:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$120/MONTH

Monday 4:15pm, 5:30pm

Tuesday 3:30pm, 4:30pm

Wednesday 3:30pm, 5:00pm

Thursday 11:00am, 5:45pm

Saturday 9:00am

AGES 5-6

GYMWARRIOR

60 MIN \$150/MONTH

Monday 3:15pm

Thursday 5:00pm

Friday 4:00pm

AGES 6+

BEGINNING

60 MIN \$150/MONTH

Monday 5:15pm

Tuesday 3:30pm

Wednesday 3:00pm, 6:00pm

Thursday 3:30pm 4:30pm

Friday 3:30pm

Saturday 11:00am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 3:00pm, 5:15pm, 6:00pm

Tuesday 3:45pm, 4:00pm, 4:45pm

Wednesday 3:00pm, 3:45pm, 4:00pm,

4:30pm, 4:45pm, 5:30pm

Thursday 3:15pm, 3:30pm, 4:15pm

Friday 3:00pm, 5:00pm

Saturday 9:00am

LEVEL 2 90 MIN \$208/MONTH

Monday 4:00pm, 6:15pm

Tuesday 3:45pm, 5:00pm

Wednesday 4:00pm

Thursday 3:30pm

Friday 4:30pm

Saturday 11:00am

LEVEL 3 120 MIN \$260/MONTH

Tuesday 5:15pm

Wednesday 5:45pm

LEVEL 4 120 MIN \$260/MONTH

Thursday 5:00pm

VERY INCLUSIVE PROGRAM

Tuesday 3:00pm (Ages 3-5)

Friday 5:15pm (Ages 6+)

Saturday 11:30am (Ages 2-5)

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Thursday 6:00pm, 6:15pm

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Tuesday & Thursday 3:30-5:00pm

PRE-TEAM STARS

Wednesday 5:30-8:00pm

Friday 4:30-7:00pm

XCEL TEAM GOLD/ PLATINUM

Monday & Wednesday 5:30-8:00pm

Friday- 5:30-7:30pm

XCEL TEAM SILVER

Monday & Wednesday 5:30-8:00pm

Friday- 3:30-5:30pm

XCEL TEAM BRONZE

Tuesday & Thursday 5:00-7:30pm

DEMO TEAMS

Wednesday 3:00-3:50pm

Friday 4:00-5:00pm

PARKOUR TEAM

Friday 3:30-4:30pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH

Tuesday 5:00pm

Wednesday 6:00pm

INTERMEDIATE/ ADVANCED

Tuesday 6:00pm

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store



GET IT ON
Google Play



INTERMEDIATE
60 MIN \$150/MONTH

Monday 5:15pm

Thursday 5:30pm

ADVANCED

90 MIN \$208/MONTH

Monday 3:30pm

Friday 4:30pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)

12:00-1:00PM

Saturday (5+ Only)

1:30-2:30PM

Thursday (5+ Only)

7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS

SAT/ SUN STARTING AT \$350

MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH

ENROLLED IN CLASSES \$42/ CHILD OR \$79/ FAMILY



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SDGYMNASTICS

\$65 ANNUAL FEE
Tuition includes one class/ week
billed one month in advance.
NO REFUNDS OR MAKE UPS.