

### RECREATIONAL GYMNASTICS

#### AGES 0- WALKING

**ROOKIES 45 MIN \$114/MONTH**  
COMING SOON!

#### AGES WALKING-3

**PLAY DATES 50 MIN \$120/MONTH**

Tuesday 9:00am, 10:00am  
Wednesday 10:00am  
Friday 9:00am  
Saturday 8:00am, 9:00am, 10:15am

#### AGES 3-5

**GROMMETS 50 MIN \$120/MONTH**

Monday 10:00am, 11:00am, 3:15pm, 4:15pm, 5:15pm  
Tuesday 11:00am, 4:15pm, 5:30pm, 6:30pm  
Wednesday 11:00am, 4:00pm  
Thursday 4:15pm, 5:15pm, 5:30pm, 6:30pm  
Friday 9:00am, 10:00am, 5:00pm  
Saturday 8:00am, 9:00am, 9:30am, 10:15am, 10:30am, 11:15am, 11:30am

#### AGES 5-6

**HANGFIVE 60 MIN \$150/MONTH**

Monday 5:15pm, 6:30pm  
Tuesday 3:00pm, 5:15pm, 6:15pm  
Wednesday 4:00pm  
Thursday 4:15pm, 5:30pm  
Friday 10:00am  
Saturday 9:00am, 11:30am, 12:30pm

### PARKOUR

#### AGES 3-5

##### GYMNINJA

**50 MIN \$120/MONTH**

Wednesday 5:15pm  
Friday 11:00am, 4:00pm  
Saturday 9:00am, 11:30am

#### AGES 5-6

##### GYMWARRIOR

**60 MIN \$150/MONTH**

Monday 5:15pm  
Wednesday 5:00pm  
Thursday 4:00pm  
Saturday 9:00am

#### AGES 6+

##### BEGINNING

**60 MIN \$150/MONTH**

Monday 3:30pm, 5:30pm  
Tuesday 5:15pm, 6:15pm  
Wednesday 4:00pm  
Thursday 5:00pm, 6:30pm  
Friday 3:00pm  
Saturday 10:15am

#### AGES 6+

**LEVEL 1 60 MIN \$150/MONTH**

Monday 4:15pm, 4:30pm, 5:00pm, 5:30pm  
Tuesday 4:15pm, 5:30pm, 6:30pm  
Wednesday 3:00pm 4:00pm, 5:15pm  
Thursday 3:00pm, 5:00pm, 5:30pm, 6:00pm  
Friday 3:00pm, 4:00pm  
Saturday 9:00am, 10:00am, 10:15am, 11:30am, 12:15pm

**LEVEL 2 90 MIN \$208/MONTH**

Monday 4:00pm, 6:30pm  
Tuesday 4:00pm,  
Wednesday 5:00pm  
Thursday 4:00pm, 5:30pm  
Friday 4:00pm  
Saturday 10:30am

**LEVEL 3 120 MIN \$260/MONTH**

Tuesday 6:00pm  
Wednesday 4:00pm  
Friday 4:00pm  
Saturday 11:30am

**LEVEL 4 120 MIN \$260/MONTH**

Monday 5:30pm  
Tuesday 6:00pm

**VERY INCLUSIVE PROGRAM**

Tuesday 5:15pm

#### AGES 9+

**LEVEL 1 60 MIN \$150/MONTH**

Tuesday 5:15pm  
Wednesday 6:15pm  
Thursday 6:30pm

#### INTERMEDIATE

**60 MIN \$150/MONTH**

Wednesday 6:15pm  
Thursday 4:30pm  
Friday 5:00pm

#### ADVANCED

**90 MIN \$208/MONTH**

Thursday 6:00pm

### CAMPS & EVENTS

#### SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

#### OPEN GYM

Monday-Friday (ALL Ages)  
12:00-1:00PM  
Saturday (5+ Only)  
1:30-2:30PM  
Thursday (5+ Only)  
7:00pm-8:00pm

#### PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS  
SAT/ SUN STARTING AT \$350  
MORE INFORMATION ONLINE

#### KIDS NIGHT OUT

4 HOUR DROP OFF OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/CHILD OR \$84/ FAMILY

### COMPETITIVE TEAMS

#### INVITE ONLY

##### PRE-TEAM HOT SHOTS

Tuesday & Thursday 4:00-5:30pm

##### PRE-TEAM STARS

Monday & Wednesday 4:00-5:30pm  
Thursday 5:30-7:30pm

##### XCEL TEAM PLATINUM

Monday & Wednesday 5:30-8:00pm  
Thursday 5:30-7:30pm

##### XCEL TEAM GOLD

Monday & Wednesday 5:30-8:00pm  
Thursday 5:30-7:30pm

##### XCEL TEAM SILVER

Monday & Wednesday 5:30-8:00pm  
Friday 4:30-6:30pm

##### DEMO TEAMS

Friday 5:30-6:30pm  
Mini's: Friday 3:00-3:50pm

##### PARKOUR TEAM

Tuesday 5:00-6:00pm

### TUMBLING

#### AGES 6+

**BEGINNING 60 MIN \$150/MONTH**

Monday 6:00pm  
Tuesday 4:15pm  
Wednesday 6:15pm

#### INTERMEDIATE/ ADVANCED

Tuesday 4:00pm  
Tuesday 6:30pm

### ACTIVE LEARNING

#### JUMPSTART

3 HOUR DROP OFF \$229/ MONTH  
Monday- Friday 9am-12pm

#### BEYOND AFTER SCHOOL PROGRAM

Transportation available from local schools.  
Monday- Friday 2pm-6pm

**ENROLL NOW!**

### DOWNLOAD



DOWNLOAD ON THE  
Apple Store

GET IT ON  
Google Play



### \$65 ANNUAL FEE

Tuition includes one class/ week  
billed one month in advance.

**NO REFUNDS OR MAKE UPS.**