

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH
COMING SOON!

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Tuesday 9:00am, 10:00am
Wednesday 10:00am
Friday 9:00am
Saturday 8:00am, 9:00am, 10:15am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Monday 10:00am, 11:00am, 3:15pm, 4:15pm, 5:15pm
Tuesday 11:00am, 4:15pm, 5:30pm, 6:30pm
Wednesday 11:00am, 4:00pm
Thursday 4:15pm, 5:15pm, 5:30pm, 6:30pm
Friday 9:00am, 10:00am, 5:00pm
Saturday 8:00am, 9:00am, 9:30am, 10:15am, 10:30am, 11:15am, 11:30am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 5:15pm, 6:30pm
Tuesday 3:00pm, 5:15pm, 6:15pm
Wednesday 4:00pm
Thursday 4:15pm, 5:30pm
Friday 10:00am
Saturday 9:00am, 11:30am, 12:30pm

PARKOUR

AGES 3-5

GYMNINJA 50 MIN \$120/MONTH
Wednesday 5:15pm
Friday 11:00am, 4:00pm
Saturday 9:00am, 11:30am

AGES 5-6

GYMWARRIOR 60 MIN \$150/MONTH
Monday 5:15pm
Wednesday 5:00pm
Thursday 4:00pm
Saturday 9:00am

AGES 6+

BEGINNING

60 MIN \$150/MONTH
Monday 3:30pm, 5:30pm
Tuesday 5:15pm, 6:15pm
Wednesday 4:00pm
Thursday 5:00pm, 6:30pm
Friday 3:00pm
Saturday 10:15am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 4:15pm, 4:30pm, 5:00pm, 5:30pm
Tuesday 4:15pm, 5:30pm, 6:30pm
Wednesday 3:00pm 4:00pm, 5:15pm
Thursday 3:00pm, 5:00pm, 5:30pm, 6:00pm
Friday 3:00pm, 4:00pm
Saturday 9:00am, 10:00am, 10:15am, 11:30am, 12:15pm

LEVEL 2 90 MIN \$208/MONTH

Monday 4:00pm, 6:30pm
Tuesday 4:00pm,
Wednesday 5:00pm
Thursday 4:00pm, 5:30pm
Friday 4:00pm
Saturday 10:30am

LEVEL 3 120 MIN \$260/MONTH

Tuesday 6:00pm
Wednesday 4:00pm
Friday 4:00pm
Saturday 11:30am

LEVEL 4 120 MIN \$260/MONTH

Monday 5:30pm
Tuesday 6:00pm

VERY INCLUSIVE PROGRAM

Tuesday 5:15pm

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Tuesday 5:15pm
Wednesday 6:15pm
Thursday 6:30pm

INTERMEDIATE

60 MIN \$150/MONTH

Wednesday 6:15pm
Thursday 4:30pm
Friday 5:00pm

ADVANCED

90 MIN \$208/MONTH

Thursday 6:00pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350
MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH
ENROLLED IN CLASSES \$42/ CHILD OR \$79/ FAMILY

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Tuesday & Thursday 4:00-5:30pm

PRE-TEAM STARS

Monday & Wednesday 4:00-5:30pm
Thursday 5:30-7:30pm

XCEL TEAM PLATINUM

Monday & Wednesday 5:30-8:00pm
Thursday 5:30-7:30pm

XCEL TEAM GOLD

Monday & Wednesday 5:30-8:00pm
Thursday 5:30-7:30pm

XCEL TEAM SILVER

Monday & Wednesday 5:30-8:00pm
Friday 4:30-6:30pm

DEMO TEAMS

Friday 5:30-6:30pm
Mini's: Friday 3:00-3:50pm

PARKOUR TEAM

Tuesday 5:00-6:00pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH

Monday 6:00pm
Tuesday 4:15pm
Wednesday 6:15pm

INTERMEDIATE/ ADVANCED

Tuesday 4:00pm
Tuesday 6:30pm

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store



GET IT ON
Google Play



\$65 ANNUAL FEE

Tuition includes one class/ week
billed one month in advance.

NO REFUNDS OR MAKE UPS.