

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH
COMING SOON!

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Tuesday 10:00am, 11:00am
Wednesday 10:00am
Friday 10:00am
Saturday 9:00am, 10:00am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Monday 9:30am, 3:00pm, 4:15pm, 5:15pm, 6:15pm
Tuesday 9:00am, 10:00am, 4:30pm, 5:30pm
Wednesday 4:00pm, 5:00pm, 5:30pm, 6:00pm
Thursday 4:15pm, 5:30pm
Friday 11:00am, 3:45pm, 4:30pm, 5:45pm
Saturday 9:00am, 10:00am, 10:15am, 11:00am, 11:15am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 5:15pm, 6:15pm
Tuesday 4:15pm
Wednesday 4:15pm, 5:30pm
Thursday 5:15pm
Friday 3:30pm
Saturday 10:00am, 11:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$120/MONTH

Monday 4:00pm
Tuesday 3:45pm, 4:30pm
Wednesday 5:30pm
Friday 3:45pm

AGES 5-6

GYMWARRIOR

60 MIN \$150/MONTH

Tuesday 4:45pm
Saturday 11:00am

AGES 6+

BEGINNING

60 MIN \$150/MONTH

Tuesday 5:30pm
Thursday 5:15pm
Friday 4:45pm,
Saturday 9:00am, 10:15am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 4:00pm, 5:00pm, 5:30pm
Tuesday 9:00am, 4:15pm, 5:15pm, 5:45pm
Wednesday 3:00pm, 4:15pm, 6:30pm
Thursday 4:00pm, 5:15pm, 6:30pm
Friday 4:45pm, 5:45pm
Saturday 9:00am, 10:00am, 11:00am

LEVEL 2 90 MIN \$208/MONTH

Tuesday 4:30pm, 5:30pm, 6:30pm
Thursday 4:00pm
Friday 3:00pm
Saturday 8:45am

LEVEL 3 120 MIN \$260/MONTH

Monday 5:45pm
Wednesday 4:15pm
Thursday 4:15pm, 5:45pm

LEVEL 4 120 MIN \$260/MONTH

Wednesday 6:00pm

VERY INCLUSIVE PROGRAM

Thursday 3:00pm
Saturday 12:15pm

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Monday 6:15pm
Tuesday 6:30pm
Thursday 6:30pm

LEVEL 2 90 MIN \$208/MONTH

Monday 6:30pm
Tuesday 6:15pm
Thursday 6:30pm
Friday 2:15pm

INTERMEDIATE

60 MIN \$150/MONTH

Monday 5:00pm
Wednesday 6:30pm
Thursday 6:15pm
Friday 4:45pm

ADVANCED

90 MIN \$208/MONTH

Wednesday 4:00pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350
MORE INFORMATION ONLINE

KIDS NIGHT OUT

4 HOUR DROP OFF OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/CHILD OR \$84/ FAMILY

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Monday & Wednesday 4:00pm-5:30pm

PRE-TEAM STARS

Monday & Wednesday 4:00-5:30pm
Friday 4:00-6:00pm

XCEL TEAM GOLD/ PLATINUM

Monday & Wednesday 5:30-8:00pm
Friday 4:00pm-6:00pm

XCEL TEAM SILVER

Monday & Wednesday 5:30-8:00pm
Friday 4:00pm-6:00pm

XCEL TEAM BRONZE

Monday & Wednesday 5:30-8:00pm

DEMO TEAMS

Thursday 5:00 - 6:00pm
Tuesday 3:30-4:20pm

PARKOUR TEAM

Friday 5:45pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH

Monday 6:30pm (Ages 6+)
Wednesday 5:30pm (Ages 9+)
Friday 4:45pm (Ages 6+)

INTERMEDIATE/ ADVANCED

Tuesday 6:30pm (Ages 12+)
Thursday 6:30pm (Ages 9+)

ACTIVE LEARNING

JUMPSTART

3 HOUR DROP OFF \$229/ MONTH
Monday- Friday 9am-12pm

BEYOND AFTER SCHOOL PROGRAM

Transportation available from local schools.
Monday- Friday 2pm-6pm

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



\$65 ANNUAL FEE

Tuition includes one class/ week
billed one month in advance.

NO REFUNDS OR MAKE UPS.



2015 Birch Road Suite #1501
Chula Vista CA, 91915



(619)482-6722



ty@sdgymnastics.com

WWW.SDGYMNASTICS.COM



SDGYMNASTICS